

## Anthony Dissen, EdD, MPH, MA, RDN, CPH

### EDUCATION

- 2022 **Doctor of Education**, School of Education, Stockton University, Galloway, NJ  
**Dissertation Title:** A Critical Issue: Assessing the Critical Thinking Skills and Dispositions of Undergraduate Health Science Students  
**Dissertation Advisor:** Dr. John W. Young
- 2018 **Master of Public Health, *Public Health Nutrition***, School of Public Health & Health Sciences  
University of Massachusetts-Amherst, Amherst, MA  
**Capstone Title:** Public Health Consequences of Conflicts of Interest within the Academy of Nutrition and Dietetics  
**Capstone Advisor:** Dr. Laura Hutchinson Christoph
- 2014 **Master of Arts, *Integrative Health***, School of Arts & Sciences  
Georgian Court University, Lakewood, NJ  
**Thesis Title:** Effectiveness of Qigong as a Means of Increasing Feelings of Self-Empowerment: A Qualitative Study  
**Thesis Advisor:** Dr. Sachiko Komagata
- 2009 **Post-Baccalaureate Certificate, *Dietetic Internship***, School of Health Related Professions – University of Medicine and Dentistry of New Jersey, Scotch Plains, NJ
- 2008 **Bachelor of Science (Cum Laude), *Nutritional Sciences***, School of Environmental and Biological Sciences – Rutgers, The State University of New Jersey, New Brunswick, NJ  
**George H. Cook Honors Thesis Title:** Interrelationships Among Nutrition Knowledge, Attitudes, Behaviors, and Body Satisfaction  
**Thesis Advisor:** Dr. Carol Byrd-Bredbenner

### TEACHING AND RESEARCH INTERESTS

- Intersections Between the Queer/Gender Non-Binary Communities and Health Care
- Health Information Literacy & Online Health Communication
- Public Health Education & Research
- Critical Thinking Promotion & Assessment
- Health Humanities, Mindfulness, & Evidence-Based Integrative Health

### REGISTRATION, LICENSES, AND CERTIFICATIONS

- 2020-Present Certified in Public Health, National Board of Public Health Examiners  
Registration Number – 17184
- 2009-Present Registered Dietitian Nutritionist, Commission on Dietetic Registration  
Registration Number – 980247

### SELECT PROFESSIONAL CONTINUING EDUCATION AND CERTIFICATIONS

- 2022 **Continuing Education Certificate:** Qualitative Research Design and Methods for Public Health – Emory University
- 2022 **Professional Workshop:** Narrative Medicine Basics Workshop – Columbia University
- 2021 **Professional Certificate:** Narrative-Based Medicine: An Introduction to Reading, Writing, and Reflecting in Clinical Practice and Self-Care – University of Toronto
- 2020 **Continuing Education Course:** Lifestyle Medicine Core Competencies Program – American College of Lifestyle Medicine

2018 **Certificate of Training:** Developing Your Role as a Leader, Academy of Nutrition and Dietetics, Chicago, IL

2015 **Training & Professional Development Certificate:** Plant-Based Nutrition  
Cornell University, Ithaca, NY

### CURRENT FACULTY APPOINTMENT

2014 - Present **Tenured Assistant Professor of Health Science** (2024-Present)  
 Tenured Instructor of Health Science (2021-2024)  
*Tenure-Track Instructor* (2016-2021)  
*Adjunct Instructor* (2014-2016)

Courses Taught to Date:

- **Graduate Level**
  - Public Health Practice: Current Issues & Methodologies (PUBH 5201)
- **Undergraduate Level**
  - Introduction to Health Sciences (HLTH 1101)
  - Ethics & Teamwork in Health Care (HLTH 2501)
  - Eastern Approach to Nutrition & Movement (HLTH 3412)
  - Basic & Therapeutic Nutrition (HLTH 3413)
  - Spirituality, Narrative, & Health (HLTH 3434)
  - Health Communication & Literacy (HLTH 4102)
  - Research for the Health Sciences (HLTH 4200)
  - Story, Narrative Medicine, and Health (GAH 3320)
  - The Politics of Food (GIS 3406)
  - The Medical Humanities (GIS 4626)

### PREVIOUS FACULTY APPOINTMENTS

2014 - 2016 **Adjunct Faculty Member**, Georgian Court University – Lakewood, NJ  
 Courses Taught to Date:

- Research Methods (HH 530) – Graduate Level
- Special Topics in Integrative Health: Qigong (HH 570) – Graduate Level
- Eastern Approach to Nutrition & Movement (HE 220) – Undergraduate Level

2014 **Part-Time Lecturer**, Rutgers University – New Brunswick Campus  
 Courses Taught to Date:

- Nutrition Communications (11:709:442) – Undergraduate Level
- Nutrition Counseling (11:709:499) – Undergraduate Level

2010-2011 **Community Nutrition Instructor**, Middlesex County College – Edison, NJ  
 Adult Continuing Education  
 Class Topics Presented:

- Food as Medicine
- Sustainable Weight Loss
- Eating Green, Eating for Type 2 Diabetes
- Vegetarian Nutrition

### PROFESSIONAL WORK & FIELD EXPERIENCE

2022 **Nutrition Curricular Developer**, Wellory Health, New York, NY

2021-2023 **Employee Wellness Educator**, Proskauer Rose, LLP, New York, NY

2019-Present **Nutrition Advisor**, American Vegan Society, Malaga, NJ

2018-2021 **Vice President of Nutrition**, WellStart Health, Santa Monica, CA

- 2013-2019 **Integrative Dietitian & Community Health Educator**, CentraState Medical Center: Health Awareness Center & Employee Wellness, Freehold, NJ
- 2012-2013 **Community Nutrition Instructor**, Stockton University, Continuing Education, Galloway, NJ
- 2011-2013 **Lead Health Educator & Plant-Based Chef**, Whole Foods Market Wellness Club, Princeton, NJ
- 2009-2011 **Outpatient & Community Education Dietitian**, University Medical Center of Princeton at Plainsboro, Plainsboro, NJ

## PUBLICATIONS

### Peer Reviewed

- 2024 Karniej, P., **Dissen, A.**, Juarez-Vela, R., Gea-Caballero, V., Echániz-Serrano, E., & Czapla, M. (2024). Psychometric properties and cultural adaptation of the Polish version of the lesbian, gay, bisexual, and transgender development of clinical skills scale (LGBT-DOCSS-PL). *Journal of Homosexuality*. <https://doi.org/10.1080/00918369.2024.2302970>
- 2023 **Dissen, A.** (2023). A critical issue: assessing the critical thinking skills and dispositions of undergraduate health science students. *Discover Education*, 2(21). <https://doi.org/10.1007/s44217-023-00044-z>
- 2023 **Dissen, A.** (2023). Equitable healthcare for LGBTQ+ individuals. *Cutting Edge Nutrition and Diabetes Care – Diabetes Dietetics Practice Group*, 1(1), 31-34.
- 2023 Karniej, P., Pérez, J., Juárez-Vela, R., Santolalla-Arnedo, I., Gea-Caballero, V., del Pozo-Herce, P., **Dissen, A.**, & Czapla, M. (2023). Orthorexia nervosa in gay men – the result of a Spanish-Polish eating disorders study. *BMC Public Health*, 23(58). <https://doi.org/10.1186/s12889-022-14943-7>
- 2022 Crowell, T., **Dissen, A.**, & Galantino, M. L. (2022). A minor with a major impact: a holistic health interdisciplinary program – assessment & alumni data. *Alternative & Integrative Medicine*, 11(9), 409-415.
- 2022 Crowell, T., **Dissen, A.** & Calamidas, E. (2022). Virtual & remote internships during COVID-19: Guidelines & Assessment. *Journal of Health Education Teaching*, 13(1), 1-14.
- 2021 Crowell, T., **Dissen, A.**, Calamidas, E., Finnerty, E. & Englemann, L. (2021). Virtual grocery store: fostering healthy nutrition among seniors. *Journal of Nutrition in Gerontology and Geriatrics*. <https://doi.org/10.1080/21551197.2021.1990818>
- 2021 **Dissen, A.**, Middleton, CJ, & Qadiri, Q. (2021). I read it online: Understanding how undergraduate students assess the credibility of online sources of health information. *American Journal of Lifestyle Medicine*. <https://doi.org/10.1177/1559827621990574>
- 2020 **Dissen, A.**, & Crowell, T. (2020). We are what we eat: Assessing the use of a documentary film as an educational tool to change students' nutritional attitudes and behaviors. *American Journal of Lifestyle Medicine*. <https://doi.org/10.1177/1559827620903701>

- 2011 **Dissen, A.**, Policastro, P, Quick, V., & Byrd-Bredbenner, C. (2011). Interrelationships among nutrition knowledge, attitudes, behaviors, and body satisfaction. *Health Education, 111*(4), 283-295. <http://dx.doi.org/10.1108/09654281111144256>
- 2008 Mackesy, C., Bennett, L., **Dissen, A.**, Kim, M., & Kardan, N. (2008). Male and female college students' perspective on nutrition fact labels. *JADA, 108*(9), A100
- 2007 Miller, C., Bethmann, K., **Dissen, A.**, & Kardan, N. (2007). College wellness program effective in increasing students' physical activity, wellness awareness, and nutrition knowledge. *JADA, 107*(8), A96

**Professional Publications**

- 2022 Dissen, A. (2022). American Vegan – Winter 2022 Issue. Vitamin B-12 and Vegan Diets
- 2021 Dissen, A. (2021). American Vegan – Summer 2021 Issue. Osteoporosis: Understanding Vegan Diets, Osteoporosis Risk, and Bone Health
- 2020 Dissen, A. (2020). American Vegan – Fall 2020 Issue. Protein & Plant-Based Diets.
- 2017 Dissen, A. (2017). VN Students – Success as a Vegan RDN. Vegetarian Nutrition Update. Volume XXIV, Number 4.
- 2017 **Dissen, A.**, & Saliski, T. (2017). Healthy eating & weight management intervention: A case study with CentraState healthcare system. Wellness Council of America.

**PEER REVIEWED ORAL PRESENTATIONS**

- 2023 *Weight Inclusive Nutrition & Dietetics Fall 2023 Conference. Denver, CO*  
**Presentation Title:** Body Liberation Within the LGBTQ+ Population: Queer Cultural Competence for Nutrition Professionals
- 2023 *New Jersey Academy of Nutrition and Dietetics 90<sup>th</sup> Annual Meeting*  
**Presentation Title:** Mindfulness as a Tool in Eating Disorder Treatment – Current Research & Evidence
- 2022 *Metropolitan State University – Denver Nutrition Diversity Conference*  
**Keynote Presentation Title:** Mindfulness as a Tool for Social Change and Anti-Oppression Advocacy in Dietetics
- 2022 **Dissen, A.**, & Tomé, D. *Bonner Summer Leadership Institute*  
**Presentation Title:** Mindfulness as a Tool for Social Change in Faculty & Student Development
- 2022 **Dissen, A.**, & Tomé, D. *American Association of Colleges & Universities Conference on Diversity, Equity, and Student Success. New Orleans, LA*  
**Presentation Title:** Mindfulness as a Tool for Social Change in Faculty & Student Development
- 2022 Crowell, T., Galantino, M. L., **Dissen, A.** *The IAFOR International Conference on Education. Honolulu, HI*  
**Presentation Title:** Interdisciplinary Holistic Health Minor: Curriculum & Assessment

- 2021 Crowell, T., **Dissen, A.**, & Calamidas, E. *Association of Schools Advancing Health Professions Annual Conference*, Long Beach, CA  
**Presentation Title:** Redefining Internships: Online, Virtual & Remove Internships during COVID-19
- 2021 *Metropolitan State University – Denver Nutrition Diversity Conference*  
**Presentation Title:** LGBTQ+ Competency for Registered Dietitians and Nutrition Professionals
- 2020 *American Public Health Association Annual Meeting*, Virtual Meeting due to COVID-19  
**Presentation Title:** Embracing Metta: An Introduction to Loving-Kindness Meditation Practice
- 2019 **Dissen, A.**, Tome, D. *Bonner Summer Leadership Institute*  
**Presentation Title:** Faculty-Led Mentorship With Bonner Leaders: Lessons Learned & Best Practices
- 2018 **Dissen, A.**, Chou, S. *Food & Nutrition Conference & Exposition*, Washington, DC  
**Panel Topic:** Plant Politics – How Policies Impact Plant-Based Food & Nutrition
- 2018 *Civic Learning and Democratic Engagement Annual Meeting*, Anaheim, CA  
**Presentation Title:** Utilizing Alumni Affairs to Support Service-Learning Courses
- 2018 *New Jersey Department of Human Services Nutrition Conference*, Trenton, NJ  
**Presentation Title:** Diet and Autoimmune Disease: Prevention & Management
- 2017 *New Jersey Department of Human Services Nutrition Conference*, Trenton, NJ  
**Presentation Title:** Integrative Medicine and Dietetics: Holistic Methods for Patient & Client Empowerment
- 2017 *New Jersey Academy of Nutrition and Dietetics 85<sup>th</sup> Annual Meeting*  
**Presentation Title:** Integrative Medicine & Dietetics: Holistic Methods for Patient & Client Empowerment

#### PEER REVIEWED POSTER PRESENTATIONS

- 2023 Coalition of Urban and Metropolitan Universities Annual Conference  
**Poster Title:** Finances & Future Health: Understanding Barriers to First-Generation Student Utilization of Federal Work Study  
**Authors:** **Anthony Dissen** & Daniel Fidalgo Tomé
- 2023 New Jersey Academy of Nutrition and Dietetics 90<sup>th</sup> Annual Meeting  
**Poster Title:** Content Analysis of Instagram and TikTok Posts using #SummerBodyChallenge  
**Authors:** Delaney Young, Katelynn Bearden, Gabriella Ocampos, **Anthony Dissen** (Faculty Advisor)
- 2022 Building a Culture of Health in New Jersey 10<sup>th</sup> Annual Conference – Community Innovation & Breakthrough Solutions  
**Poster Title:** Initial Community Food Policy Research & Assessment for Atlantic City, New Jersey  
**Authors:** **Anthony Dissen**, Jeanine Cava, Anthony Sbarra, Keyanna Meade, Alicia Newcomb

- 2022 The Society for the Scientific Study of Sexuality 2022 Conference  
**Poster Title:** Orthorexia Nervosa in Gay Men – The Result of a Cross-Cultural Spanish-Polish Eating Disorders Study  
**Authors:** Anthony Dissen, Piotr Karniej, Raúl Juárez-Vela, Ivan Santolalla-Arnedo, Vicente Gea-Caballero, Pablo del Pozo-Herce, Michał Czapla
- 2021 Northeast Regional Honors Council Conference  
**Poster Title:** Understanding Generations and their Thoughts about Climate Change.  
**Authors:** Stephanie Sharo (BS in Applied Physics and Sustainability), Anthony Dissen (Faculty Advisor)
- 2021 New Jersey Academy of Nutrition and Dietetics 2021 Annual Meeting  
**Poster Title:** I Read it Online: Understanding How Undergraduate Students Assess the Credibility of Online Sources of Health Information  
**Authors:** Anthony Dissen, Qudratullah Qadiri, CJ Middleton
- 2021 New Jersey Academy of Nutrition and Dietetics 2021 Annual Meeting  
**Poster Title:** We Are What We Eat: Assessing the Use of a Documentary Film as an Educational Tool to Change Students' Nutritional Attitudes and Behaviors  
**Authors:** Anthony Dissen, Tara Crowell
- 2020 American Public Health Association 2020 Annual Meeting  
**Presentation Title:** Virtual grocery store: Fostering healthy nutrition among seniors  
**Authors:** Anthony Dissen, Tara Crowell, Elizabeth Calamidas
- 2018 New Jersey Society for Public Health Education 2018 Annual Meeting, *Health Communication: Strategies for Maximum Impact, Connections & Self Awareness*  
**Poster Title:** Assessing Undergraduate College Students' Ability to Evaluate the Quality of Web-Based Sources of Health Information  
**Authors:** Anthony Dissen, Qudratullah Qadiri, CJ Middleton
- 2018 Association of Schools of Allied Health Professionals 2018 Annual Conference  
**Poster Title:** Service Learning for Pre-Professional Undergraduates: Cultivating a Deeper Understanding of the Social Determinants of Health  
**Authors:** Michele Previti, Margaret Slusser, Luis Garcia, Anthony Dissen
- 2017 New Jersey Society for Public Health Education 2017 Annual Meeting, *Credentialing in Health Education: Professional Development Throughout Your Career.*  
**Poster Title:** Mapping the Relationship Between Low Graduation Rates and Food Insecurity  
**Authors:** Anthony Dissen, Jodie Davis
- 2016 American College of Sports Medicine – Greater New York Area Annual Conference  
**Poster Title:** Effectiveness of Qigong as a Means of Increasing Feelings of Self-Empowerment: A Qualitative Study
- 2010 Food and Nutrition Conference & Exposition, Boston, MA  
**Poster Title:** Young Adults' Nutrition Knowledge, Healthy Eating Attitudes, Dietary Intake and Body Image Satisfaction  
**Authors:** Anthony Dissen, Carol Byrd-Bredbenner, Virginia Quick

**GRANTS AWARDED**

- 2023 Finances and Future Health: Understanding Barriers to First-Generation Student Utilization of Federal Work-Study  
**Principal Investigator:** Anthony Dissen; **Co-Investigator:** Dr. Daniel Tomé  
**Granting Institution:** South Jersey Institute of Population Health  
**Grant Award:** \$22,000
- 2022 Course Development to Engage the Intersection of Spirituality, Faith, and Health  
**Principal Investigator:** Anthony Dissen  
**Granting Institution:** Interfaith Youth Core  
Grant Award: \$4,000
- 2022 Initial Community Food Policy Research & Assessment for Atlantic City, New Jersey  
**Principal Investigator:** Anthony Dissen; **Co-Investigator:** Jeanine Cava  
**Granting Institution:** South Jersey Institute of Population Health  
**Grant Award:** \$20,000

**ADDITIONAL SCHOLARLY ACTIVITIES**

- 2018-2019 Clinical Dietitian Researcher for Study on Plant-Based Diets and Type 2 Diabetes through Ohio University
- 2017-2019 Nutrition Core Curriculum Design, Survey Development, & Pilot Group Data Collection for Cardiac Prevention Program Study

**CONTINUING PROFESSIONAL EDUCATION WORKSHOPS OFFERED**

- 2021 Building an Inclusive Health Care Practice for the LGBTQ+ Population. Accrediting Body – *Nutrition CME*
- 2020 LGBTQIA Competency for the Health Care Professional. Accrediting Body – *Nutrition CME*
- 2018 Conflicts of Interest Within Nutrition: The Impact on Public Health. Accrediting Body - *Commission on Dietetic Registration*

**INVITED PROFESSIONAL EDUCATION PRESENTATIONS**

- 2023 Farleigh Dickinson University  
**Presentation Title:** Microaggressions and the LGBTQ+ Population
- 2022 University of Michigan School of Public Health  
**Presentation Title:** A Discussion on Nutrition, Sex, and Gender
- 2021 Physicians Committee for Responsible Medicine.  
**Presentation Title:** Building an Inclusive Health Care Practice for the LGBTQ+ Population
- 2020 Physicians Committee for Responsible Medicine  
**Presentation Title:** LGBTQIA Competency for the Health Care Professional
- 2020 American Physical Therapy Association of New Jersey  
**Presentation Title:** Health Information Literacy – Navigating Misinformation and Outright Lies in the Digital Landscape

2016 Robert Wood Johnson 2<sup>nd</sup> Annual Nutrition Symposium  
**Presentation Title:** The Role of Holistic Health in Nutrition & Dietetics:  
Traditional Practices with Modern Applications

2015 New Jersey Association for Food Protection  
**Presentation Title:** GMO's – What's In Our Food?

#### **SELECT COMMUNITY HEALTH PRESENTATIONS**

2024 Hackensack Meridian Health  
**Presentation Title:** Nutrition and Lifestyle Recommendations for Breast Cancer  
– Current Evidence and Research

2022 Plant-Based Nutrition Support Group  
**Presentation Title:** Colorectal Cancer Prevention – Current Research and  
Recommendations

2021 Plant-Based Nutrition Support Group  
**Presentation Title:** Nutrition's Role in Health: Addressing Current Research and  
Persistent Controversies

2018 CentraState Medical Center Multiple Sclerosis Clinic  
**Presentation Title:** Nutrition and Lifestyle Medicine Best Practices in Multiple  
Sclerosis

2018 Stockton Center on Successful Aging  
**Presentation Title:** Lessons in Longevity: Research from the World's Longest  
Lived Populations

2018 Stockton Center on Successful Aging  
**Presentation Title:** Anti-Inflammatory Foods and Long-term Health

2018 Hackensack Meridian Health Southern Ocean Medical Center  
**Presentation Title:** The Impact and Role of Nutrition in the Management of  
Multiple Myeloma

2018 Stockton University Manahawkin Instructional Site  
**Presentation Title:** Conflicts of Interest Within Nutrition: The Impact on Public  
Health

2017 Ocean Monmouth Health Alliance – Surviving the Cancer Challenge Body, Mind, and  
Spirit  
**Presentation Title:** Nutritional Medicine: The Power in Our Plates

2017 Holistic/Integrative Care for People Experiencing Cancer - Georgian Court University  
**Presentation Title:** Panel Member/Speaker on Cancer Care

2017 Biology Seminar Invited Lecturer – Stockton University  
**Presentation Title:** Diet and Divinity: The Role of Nutrition and Spirituality in  
Medicine and Healthcare

2016 Stockton University Manahawkin Instructional Site  
**Presentation Title:** Diet, Lifestyle, and Prostate Health



**FELLOWSHIPS & COLLABORATIONS**

2024-Present	National Board of Public Health Examiners – CPH Ambassador
2022-Present	New Jersey Public Health Association Liaison to the New Jersey Academy of Nutrition and Dietetics
2021-2023	Center for Community Engagement and Service-Learning Faculty Fellow at Stockton University
2019-2021	Bonner Faculty Fellow at Stockton University
2018-2019	Interprofessional Education Committee Faculty Fellow at Stockton University

**HONORS & AWARDS**

2022	New Jersey Academy of Nutrition & Dietetics Member Spotlight – July 2022
2016	CBIZ Employee Services Organization Great Beginnings Self-Leadership Award
2016	American Heart Association Fit-Friendly Worksite Innovation Award
2014	NJ Dietetic Association Recognized Young Dietitian of the Year Award
2014	Laurie Nichols Memorial Award for Student of Excellent Character
2008	George H. Cook Honors Scholar
2006-2008	Kappa Omicron Nu Honors Society

**ADVISOR TO STUDENT RESEARCH**

2023	Advisor to Delaney Young & Katelynn Bearden <b>Research Project Title</b> – Understanding Why College Students Use the Gym
2022	Advisor to Delaney Young, Katelynn Bearden, & Gabriella Ocampos <b>Research Project Title</b> – Content Analysis of Instagram and TikTok Posts using #SummerBodyChallenge
2022	Advisor to Luka Buncic <b>Research Project Title</b> – Content Analysis of Instagram Posts using #NaturalImmuneSupport – An Independent Study
2022	Advisor to Nichole Data <b>Research Project Title</b> – Community Based Research on the Future Leaders Program of the Salvation Army
2021	Advisor to Luiza Sala <b>Research Project Title</b> – Literature Review of Social Media Posts Related to Detoxification and Cleanses – An Independent Study
2020	Advisor to Kevin Gil-Clara <b>Research Project Title</b> – Assessment of Latino/a Business Owners in Atlantic County
2019	Advisor to Stephanie Sharo <b>Research Project Title</b> – Climate Change Action Through the Eyes of College Students
2019	Advisor and Co-Investigator to Veronica Rowland <b>Research Project Title</b> – Student Leadership and Interprofessional Education

- 2017-2018            Advisor to Bonner Leader Flor Cruz-Morillo, recipient of BOT Fellowship for Distinguished Student Award  
                                         **Research Project Title** – New Jersey Education Opportunity Fund (EOF) and College Pursuit
- 2017-2018            Advisor to Bonner Leader Jodie Davis, recipient of BOT Fellowship for Distinguished Student Award  
                                         **Research Project Title** – Low Graduation Rate and Food Insecurity in New Jersey

**ADDITIONAL STUDENT MENTORSHIP**

- 2019                    Advisor to Heather Watskins-Jones for Independent Study on Eastern Nutrition Therapies
- 2019                    Mentor to BSHS Alumni Marion Pasiglao in Preparation for Entry into the Physical Therapy Profession
- 2018                    Internship Supervisor for Heather Watskins-Jones for PUBH 4950: Public Health Internship & Fieldwork
- 2018                    Advisor to Samantha Fallick for Independent Study on Nutrition Research
- 2018                    Advisor to Laura Bylone on LIBA Capstone Experience in Holistic Health
- 2017-2020            Future Career in Dietetics Mentor to BSHS Alumni Ryan Galan

**ACADEMIC PROGRAM DEVELOPMENT**

- 2018-2021            **Master of Public Health Degree**, Graduate Program Proposal, Stockton University, Lead Faculty Member  
**2018-2020:** Proposal Development & Review through Academic Programs and Planning Committee  
**2020:** Review & Approval by Faculty Senate  
**2020:** Review & Approval by Dr. Sara Plaspohl for CEPH Site Supervision  
**2020-2021:** Review & Approval by Stockton University Board of Trustees  
**2020-2021:** Review & Approval by State of New Jersey

**PROFESSIONAL MEMBERSHIPS**

- 2020-Present            Health Humanities Consortium
- 2020-Present            American Public Health Association
- 2018-Present            New Jersey Public Health Association
- 2018-2022              New Jersey Society for Public Health Education
- 2016-2021              American College of Lifestyle Medicine
- 2008-2011, 2013-2021    Vegetarian Nutrition Dietetics Practice Group
- 2005-2011, 2013-Present    New Jersey Academy of Nutrition and Dietetics
- 2005-2011, 2013-Present    Academy of Nutrition and Dietetics

**UNIVERSITY SEARCH COMMITTEES**

- 2023-2024            Co-Chair, Associate Provost of Curriculum and Compliance
- 2021                    Bachelor of Science in Health Science, Pre-Communication Disorders Faculty Search Committee Member
- 2019                    Master of Science in Occupational Therapy Faculty Search Committee Member

**UNIVERSITY COMMITTEE MEMBERSHIP & SERVICE*****Current***

2022-Present	R&PD Committee School of Health Science Representative
2018-Present	Facilitator of Dual Credit Program for BS in Health Science Degree
2017-Present	BS in Health Science Program Curriculum Committee Member
2016-Present	Stockton University Interprofessional Education Committee Member
2016-Present	Integrative Health Minor Committee

***Previous***

2017-2022	Academy Honesty Appeals Board – School of Health Sciences Representative
2017-2018	American Democracy Project Campus Climate Assessment Coalition Member
2017-2020	Advising Council Member, School of Health Sciences Representative
2016-2018	Health Advisory Board Member (Wellness Committee)

**STUDENT CLUBS & ORGANIZATION ADVISEMENT**

2023-Present	Faculty Advisor: Health Science Club
2018-2021	Faculty Advisor: Lifestyle Medicine Student Group at Stockton University
2017-2019	Faculty Advisor: Collaborative Learning Advocates of Wellness at Stockton
2016-2021	Faculty Advisor: Stockton Vegan and Vegetarian Student Group

**PROFESSIONAL SERVICE**

2023-Present	National Board of Public Health Examiners: CPH Exam Review Session Leader <ul style="list-style-type: none"> <li>• Evidence-Based Approaches in Public</li> <li>• Public Health Leadership</li> </ul>
2021	National Board of Public Health Examiners: Certified in Public Health Exam Item Writer
2019-2022	Physicians Committee for Responsible Medicine, Advisory Council Member, Universal Meals Program
2019-2020	Outgoing Chair, Vegetarian Nutrition Dietetics Practice Group
2018-2019	Chair, Vegetarian Nutrition Dietetics Practice Group
2017-2018	Chair Elect, Vegetarian Nutrition Dietetics Practice Group
2017-2019	Core Team Member, Cardiac Prevention Program, AtlantiCare
2016-2019	Research Committee Member, American College of Sports Medicine – Greater New York Region Chapter
2015-2017	Appointed Officer, Student Member Coordinator, Vegetarian Nutrition Dietetics Practice Group
2014-2021	Georgian Court University Holistic Health Planning Committee
2010-2018	Rutgers University-SHP Dietetic Internship Admissions Committee

**COMMUNITY SERVICE**

2023-2024	Compassus Hospice, Toms River, NJ
2021-Present	Move Over Breast Cancer, Princeton, NJ
2017-Present	David's Dream & Believe Cancer Foundation, Manahawkin, NJ
2017-Present	Gilda's Club of South Jersey, Linwood, NJ
2010-2020	Breast Cancer Resource Center of New Jersey, Princeton, NJ

**PROFESSIONAL INTERVIEWS**

2022	Podcast: The Lentil Intervention: Nutrition Science – Cherries Versus Cherry-Picking, Season 3, Episode 3, Released March 6 <sup>th</sup>
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2019 Podcast: Medical Myths: Further Investigation of the Link Between Soy and Thyroid Disease, Part 3 with Anthony Dissen

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2019 Podcast: Mentorships in Education, Episode 6, Released May 7<sup>th</sup>

2018 Podcast: Never Binge Again: Plant Based Nutritionist Interview, Released November 7<sup>th</sup>

2015 Podcast: Modernity and Absurdity – Episode 5: Food with Anthony Dissen, MA, RDN, Released December 19<sup>th</sup>

2015 Podcast: Plant Yourself Podcast – Episode 131: Anthony Dissen, RD, on Empowering vs Preaching, Released December 1<sup>st</sup>

#### **ADDITIONAL TRAININGS AND CERTIFICATIONS**

2021 Continuing Education Certificate in Chinese Dietary Therapy – Pacific Rim College

2018-2019 Professional Training Modules, Quality Matters Professional Development

**2018 Training** – Applying the QM Rubric

**2019 Training** – Teaching Online: An Introduction to Online Delivery;  
Evaluating Your Course Design